

**“Foundations Workshop” in Facilitation
for Peer Support Group Leaders**

Sunday, April 13, 2008 at McLean Hospital, Belmont MA

This six hour training is an expanded version of the training first given at the NMDA Annual Conference Facilitators Clinic in Cleveland, Ohio in August 2001 and refined over the years since then. Chapter leaders, novice and experienced peer and professional facilitators, as well as any other trainees interested in support group facilitation are welcome.

Limited to 20 participants. Registration deadline: April 9th, 2008.

Pre Registration is required. No “walk in” registrations will be allowed.

Date: Time: Sunday, April 13, 2008
Check-in and Continental Breakfast 9:30 to 9:50 am

Location: Workshop starts promptly at 10:00 am and ends at 5 pm
Francis de Marneffe Building, Ground Floor, Room #132
McLean Hospital, 115 Mill Street, Belmont, MA, 02478

Contact: Karl Ackerman, facilitatortraining@mddaboston.org, MDDA-Boston (617) 855-2795 or,
Chuck Weinstein, Groupfacilitator@aol.com, (781) 643-7750

Fee: **MDDA-Boston members: \$10.00 (Lunch and Registration only)**
MDDA-Boston membership: \$35.00
Affiliated DBSA/DMDA/MDDA members: \$50.00 (Lunch and Registration included)
Other participants/trainees: \$70.00 "
Professionals: \$80.00 "

The training fee includes: Six hours of professional instruction, training guide (\$29.99 value), all materials, Continental Breakfast, Networking Lunch, light refreshments all day, and a certificate of training.

Training will include five sections: **The Group, The Facilitator, Safety, Techniques and a Practicum.**

This is not a workshop on starting a new chapter, but on becoming a competent group leader. This training is the first step in learning how to facilitate a support group. People attending this training need not have any prior knowledge of facilitating a group, only the desire and interest to learn. Many people have attended this workshop solely to learn communication skills and to become a better group participant.

**The format is fast, fun, interactive,
concluding with several role-play exercises in the Practicum section.**

The instructor for the workshop is **Chuck Weinstein, MAE, LMHC**, and the Director of Facilitator Training for the Manic Depressive and Depressive Association of Boston (MDDA-Boston). Chuck is a former President of MDDA-Boston. He has more than sixteen years of group facilitation experience. Chuck introduced and developed the MDDA-Boston facilitator-training program in 1997 and now trains facilitators in the New England area, as well as all over the United States. Participants have included: mental health clients (consumers), social workers, mental health counselors, members of law enforcement, professional facilitators, and clergy.